



CATHAY PACIFIC

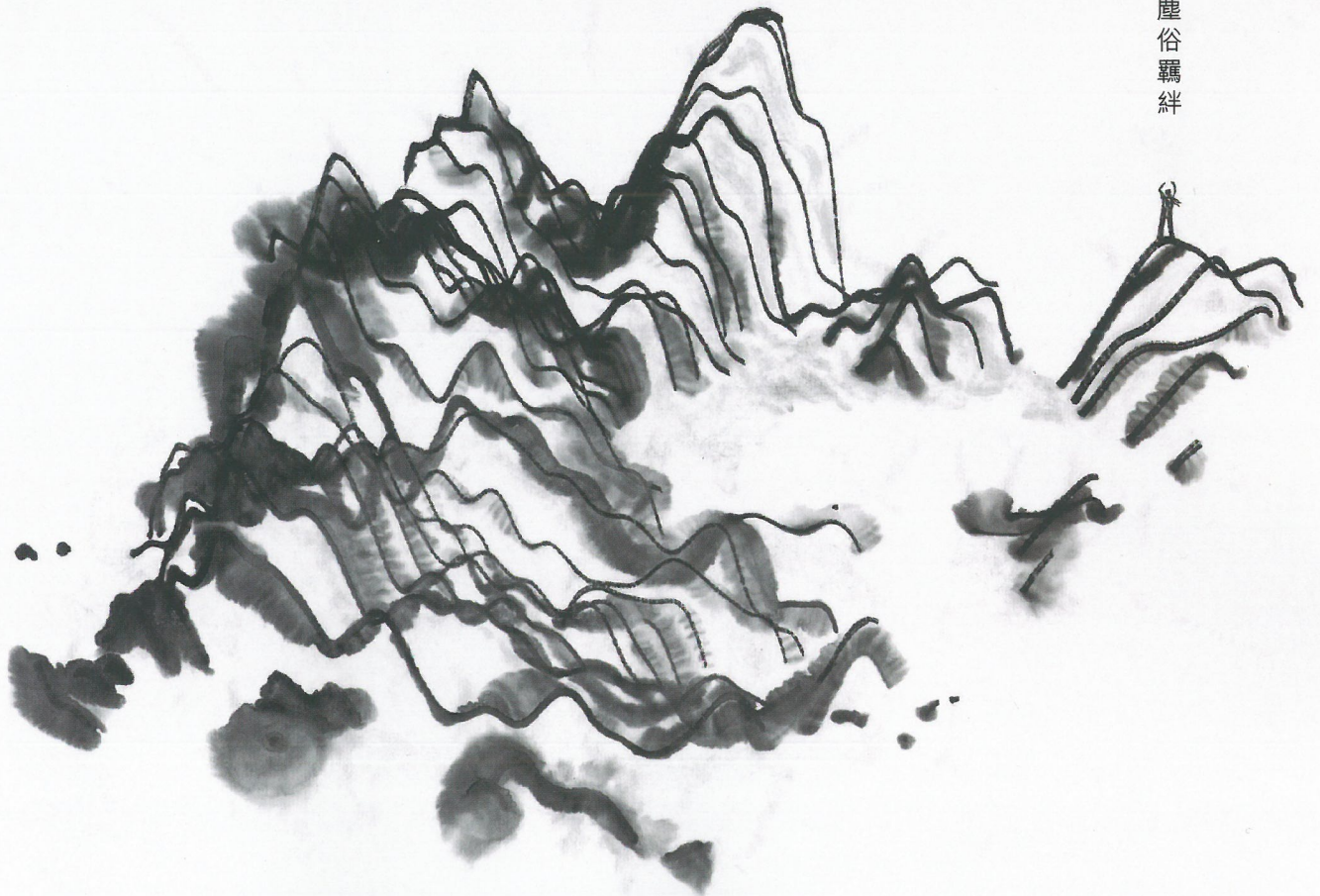
# DISCOVERY

JANUARY 2019年1月號



寧靜致遠

二零一九年：令身心脫離塵俗羈絆



TO ESCAPE

2019: How to venture further in mind and body